

What Are The Different Types Of Progressive Tenses?



Progressive tense, or continuous tense, is a category of verb tense that is used to describe ongoing actions. The progressive tense shows an “ongoingness” of the action denoted by the verb.

There are six types of **progressive tenses**:

- **Present progressive tense**

It is a verb form used to express ongoing activities. This tense is formed with the helping "to be" verb in the present tense, plus the present participle of the verb (with an -ing ending):

Examples:

- *I am buying groceries.*
- *They are jogging.*

The present progressive can also suggest that an action is going to happen in the near future, especially with verbs that convey the idea of a plan or of movement from one place or condition to another.

Examples:

- *I am going to a movie this Saturday.*
- *We are going to the library tomorrow.*

- **Present perfect progressive tense**

The present perfect progressive tense describes an action or situation that started in the past and continues in the present. This tense is formed with the modal "HAVE" or "HAS" (for third-person singular subjects) plus "BEEN," plus the present participle of the verb (with an -ing ending).

Examples:

- *I have been buying groceries.*
- *They have been jogging.*



● Past progressive tense

The past progressive describes an action that was in progress at a specific time in the past. It is formed using "was" or "were" and the "ing" (present participle) form of the verb.

Examples:

- *I had been buying groceries*
- *They had been jogging.*

● Past perfect progressive tense

It indicates a continuous action that was completed at some point in the past. This tense is formed with the modal "HAD" plus "BEEN," plus the present participle of the verb (with an -ing ending)

Examples:

- *I had been buying groceries*
- *They had been jogging.*

● Future progressive tense

It is used to indicate a future event that will be ongoing. This construct requires the use of "to be," as well as a verb with an -ing ending. It follows a general formula of will + to be + verb (ending in -ing).

Examples:

- *I will be buying groceries*
- *They will be jogging.*

● Future perfect progressive tense

The future perfect continuous, also called the future perfect progressive, is a verb tense that describes actions that will continue up until a point in the future. The future perfect continuous is formed using will + have + been + the present participle (root verb + -ing).

Examples:

- *I will have been buying groceries.*
- *They will have been jogging.*



Now that you have understood the different types of progressive tenses, fill in each box with a suitable phrase. We have solved the first set as an example.

	Present progressive tense	Past progressive tense	Future progressive tense	Present perfect progressive tense	Past perfect progressive tense	Future perfect progressive tense
I + sweep	Am sweeping	Was sweeping	Will be sweeping	Have been sweeping	Had been sweeping	Will have been sweeping
She + Sleep						
They + lie						
You + give						
He + run						
He + Eat						
They + Dance						
I + Sing						
Dog + Bark						

