



Home Remedies

• For Dry Cough • In Children



Ensure your child is well-hydrated. Give them warm, clear liquids, diluted apple juice, or lemonade.

Honey helps soothe throat irritation and may be given to children above one year of age.



Give cough drops, throat lozenges, or plain hard candy to children older than six years.

Try giving small, frequent meals if coughing causes vomiting.



Dry air worsens cough, and cool-mist humidifiers may be helpful in such cases.