

Tips

For Using A Sauna Suit



Air dry and wash a neoprene suit to eliminate its natural odor upon arrival.



Always wear a vest under the suit to prevent skin irritation.

Refrain from using it beyond three hours at a stretch.



Always hand wash the suit after each use to maintain hygiene.

Always use mild detergent to clean the suit.



Do not wash a nylon and PVC suit with warm water to prevent damage.

Avoid using chlorine bleach to clean the suit.



Avoid dry-cleaning the suit to maintain its heating properties.