

# Safety Tips To Follow While **FEEDING TURNIP** To Babies



Offer cooked and pureed turnip when introducing

Avoid including any other new food while introducing turnip



Follow the "three to five-day wait" rule to check for intolerance, sensitivity, or allergies

Start with two teaspoons of pureed turnip and increase gradually



Offer age-appropriate turnip dishes

Serve whole roasted baby turnips as finger food for older babies

