

Activities To Help

The Physical Development

Of Toddlers



Follow the Leader

A simple instruction-based game where the toddlers are encouraged to imitate the actions of a 'leader'



Dance

Play some cool, catchy music and start grooving with your toddlers to the beats



Play ball

Introduce the most loved but inexpensive toy to your toddler and open a world of several games



Simple household chores

Let them play and help you with some simple chores, such as folding clothes and washing fruits and vegetables



Playground time

Take your toddlers to the playground and watch them closely as they explore and go around



Pillow walk

Help your toddler practice their balancing skills by having them walk on soft pillows laid on the ground

