



Research well and study the suitable procedure

Choose an expert acupuncturist practitioner specialized in pregnancy





Inform the practitioner about your medical conditions (if any)

Discuss the medications you are taking with the therapist





Consider the duration and cost of the procedure

Notify the therapist or doctor if you experience any discomfort





Source: <a href="https://www.momjunction.com/articles/effective-benefits-of-acupuncture-during-pregnancy\_0080377/">https://www.momjunction.com/articles/effective-benefits-of-acupuncture-during-pregnancy\_0080377/</a>