

Pros And Cons of nema DURING LABOR

Benefits



Decreases fecal contamination rates



Known to shorten labor time



Helpful for women with bowel issues during labor

Challenges



It may cause discomfort; hence not recommended for all women



It may not be feasible for all, as it increases the total delivery costs



There is a lack of evidence supporting its use to induce labor

Mom Junction Source: https://www.momjunction.com/articles/enema-labour-everything-need-

know_00100383/