Health Benefits Of Butter For Children

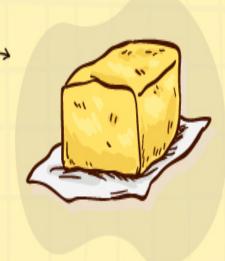


Provides long-lasting energy.



Helps in calcium absorption







Improves digestion



Aids in brain development of children

Good for vision



Keeps the skin healthy

References

- The neuropharmacology of butyrate: The bread and butter of the microbiota-gut-brain axis?; NCBI
- Nutrients for Prevention of Macular Degeneration and Eye-Related Diseases; NCBI

