

### Better communication



The act of painting prompts children to communicate and express their feelings. They can express themselves non-verbally using different colors.



# **Develops hand-eye coordination**

Young children need to develop the skill of hand-eye coordination. They can do so easily by learning to draw and paint different things in their surroundings.



## **Instills creativity**



Painting gives ample opportunities for children to explore and make discoveries. They become more creative individuals when they mix colors and play with tools.

### **Busts stress**

Today children are subject to various demanding situations. When they paint something they like, it functions as a stress reliever.



## Art appreciation





While painting, children may observe the works of famous artists. This makes them appreciate their art and also that of their peers.

# Makes children bond well

When you paint with your child, you can get to know them better and strengthen your bond.



### Mom V Junction Source: https://www.momjunction.com/articles/painting-ideas-and-activities-for-your-

kids\_00369064/