



Benefits Of Using Body Scrubs And Exfoliators

- Removes dead skin cells, enhancing the skin's natural glow
- Unclogs the pores by removing dirt, oil, and product build-up
- Reduces the risk of body acne by cleansing the pores



- Enhances the absorption of skincare products
- Allows you to indulge in a body massage
- Nourishes and protects the skin if the scrub contains fatty acid-rich oils

Reference :

1. Homemade Sugar Scrubs For Skin Care; MSU
2. The Health Benefits Of Exfoliated with Body Scrubs; NCSU

