

Help Your Child Recover Well From a Clavicle Fracture

01



Give prescribed medicines to your child at designated times

02



Elevate your child's broken arm/shoulder using pillows during sleep

03



Alleviate pain/swelling in broken clavicle with ice packs

04



Assist your child in wearing comfortable clothing that does not put a strain on the affected area

05



Encourage your child to exercise and move arms as pain decreases following the physician's directions

06



Remove the sling per doctor's guidelines as pain improves



Mom Junction

Source: https://www.momjunction.com/articles/broken-collarbone-kids-treatment-causes-symptoms_00815815/