

# Tips To Serve

## Pasta To Babies Across Age Groups



### 6 to 9 months

- Offer the baby whole pieces of wide noodles or large tube-shaped pasta.
- Cut thin pasta and spaghetti into smaller pieces so the baby may hold and eat them with fingers.



### 9 to 12 months

- Cut wide noodles or large tubular pasta into halves.
- Serve babies small pasta types to practice self-feeding with fingers.



### 12 to 18 months

- Experiment with serving a wide variety of pasta to the baby at this age.
- Cut pasta into appropriate pieces so the baby may eat them with fingers, a spoon, or a fork.

