

SIMPLE TIPS FOR BABY EYE CARE



Wash your hands with warm water and soap before cleaning the baby's eyes.

Clean your baby's eyes once or twice daily or whenever you feel necessary.



Use a soft cotton ball, sterilized gauze, or single-use eye-cleaning towelettes to clean your baby's eyes.

Avoid using infusions to clean the baby's eyes.



Trim the baby's nails to prevent accidental scratching of the eyes.

Get the infant's eyes tested as recommended by the doctor to detect any eye problems early.



Use UVA/UVB protection sunglasses for babies when heading out in direct sunlight.

Speak to a pediatric ophthalmologist if your baby's eyes water in bright light.

