

## **Sleep Positioners**

## For Babies 🔎

## **Potential Benefits Of Sleep Positioners**



The inclined sleep positioners with wedges may help prevent the flat head syndrome.



Sleep positioners may keep the baby in a safe and comfortable position while sleeping.



Some types of sleep positioners may improve gastroesophageal reflux in babies.

## **Potential Risks Of Sleep Positioners**



They increase the risk of suffocation as babies may become trapped between the positioner.



The baby may roll over the positioner and fall into a dangerous position if left unattended.



Using the device to hold the baby in one position may be dangerous.

Mom Junction

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