Potential Benefits Of Using A MASSAGE OIL







Nourishes and moisturizes skin

Reduces effects of premature skin aging

Provides smooth glide of hands on the skin for massaging

Improves blood circulation and lymphatic drainage





Removes dead skin cells

Alleviates joint pain

Helps tone the muscles

Improves skin's elasticity and suppleness



Mom Junction

Source: https://www.momjunction.com/articles/best-oil-for-body-massage_00752429/