## Why Serve GIADCE U Your Baby

Provides essential antioxidants

Provides flavonoids that help the long-term health

> Provides several vital micronutrients

Fruit can be juiced with the peel that contains many nutrients

> Fruit's bright color can make solids attractive to the baby

Naturally sweet, so it can be used to make purees tastier



Source: https://www.momjunction.com/articles/is-it-good-to-feed-your-baby-grape-juice\_0096412/