



What Makes TAMARIND Safe For PREGNANCY



Contains broad spectrum antibacterial properties

Reduces pain and inflammation

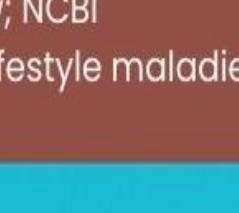


Decreases oxidative stress



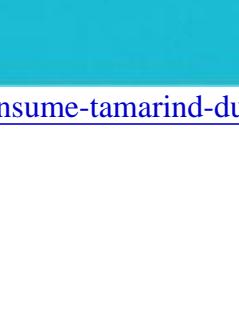
Prevents constipation

Reduces LDL cholesterol levels



Decelerates weight gain

Improves cardiovascular health



References

1. Antimicrobial Activity of Tamarindus indica Linn; Tropical Journal Of Pharmaceutical Research
2. Anti-inflammatory and analgesic potential of Tamarindus indica Linn. (Fabaceae): a narrative review; NCBI
3. Tamarind: A diet-based strategy against lifestyle maladies; NCBI