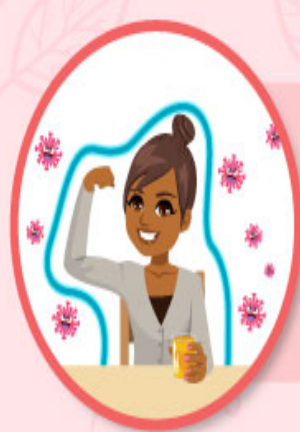




Possible Health

Benefits Of Rambutan In Pregnancy



The fruit is rich in Vitamin C, which provides immunity



Rambutan's sour taste helps fight nausea and vomiting



Its sweet taste could provide relief from dizziness



The southeast Asian fruit is a great iron source and helps combat fatigue



The high calcium content of Rambutan promotes bone and muscle strength

