

Ways to add

Paneer

To Your Baby's Diet



Cottage Cheese, Strawberry, And Peach Wonder



This cooked peach, strawberry, and cottage cheese dish is creamy and sweet.

Mashed Cauliflower And Paneer



This low-carb dish with simple ingredients will make your child ask for more.

Vegetable And Paneer Puree



This nutritious dish is excellent for babies because it contains protein and calcium.

Paneer Rice



Mildly spiced and flavored paneer rice has a great taste and is healthy.

Palak Paneer



Serve a creamy meal for babies that is flavorful and healthful.

Fruity Paneer



Serve mashed paneer with fresh fruits to your little one and watch them relish it.

Apple and cottage cheese



This easy snack is equally healthful and delightful for babies.