



More Than Just BLOCKS

Why Block Play?

Engaging a child in block play could be beneficial in these ways

IMPROVES

problem-solving ability.

TEACHES

social skills.

PROMOTES

creativity & imagination.

BUILDS

analytical and reasoning skills.

TESTS

their motor skills.

IMPARTS

them with spatial sense.



Block Substitutes For Preschoolers

ICE CUBES

Freeze ice cubes trays with water and food colors.

Use them as blocks for a short activity.

You may also ask them to paint a paper using the ice blocks.



COLOR SPONGES

Cut sponges into smaller blocks.

Dip them in watercolors to get the desired color.

Ask them to arrange the sponges to create a tower.



EGG CARTONS

Color egg cartons / boxes.

Let them assemble cartons/boxes after they've dried.

You may also paint numbers, letters, and shapes on the cartons/boxes.



PLAY-DOH

Ask your child to shape the Play-Doh into blocks.

Use them for the games.

You may also carve letters and numbers on the Play-Doh to make games more fun.



References:

Ten Things Children Learn From Block Play; naeyc Annual Conference