

# Ways To Turn Children's Bad Habits Into Productive Actions



## Excessive screen time

1

If you cannot get them off their screens, try playing some educational games or shows to make them learn something



## Telling lies

2

If your child keeps making stories to cover up their mistakes, besides telling them it's wrong, let them pen down their imagination and write creative stories.



## Uncontrolled anger

3

The suppressed emotions and anger can be channeled into something useful and controlled by enrolling them in sports or self-defense classes.



## Talking back

4

Teach your child not to be rude and disrespectful with their responses, and let them use their quick answering ability in debate competitions.



## NOTE

Remember that these methods should only be encouraged for children who have difficulty giving up on their bad habits and should not be used to ignore the signs of problematic habits.