

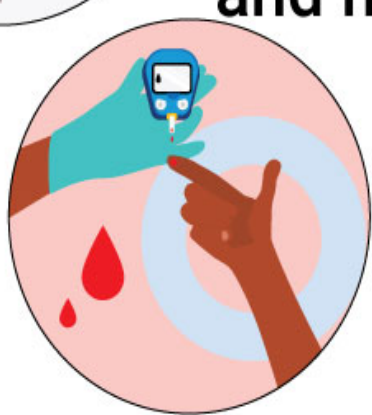
THINGS TO CONSIDER DURING YOUR *Second Pregnancy*



Get screened
for health risks
(if experienced any
in previous pregnancy)



Manage pre-existing
health conditions
such as diabetes
and hypertension



Make arrangements
for living space
and childcare



Do not ignore
your mental
health or any
other unusual signs



Design a secure
financial plan
for managing
your expenses



References

1. Interpregnancy Care; American College of Obstetricians and Gynecologists
2. Tips on Timing for Another Baby; Penn Medicine Lancaster General Health