



Reasons Behind Baby's

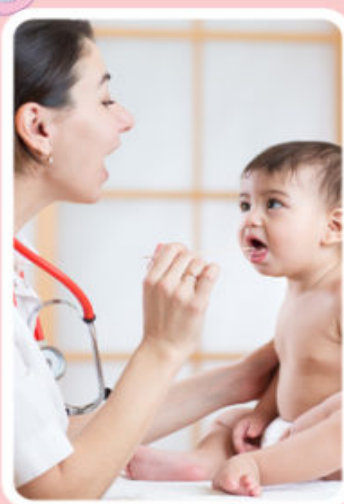


Appetite Loss And Steps To Take



Teething pain may make babies eat less since it can hurt more when they eat or drink something.

Solution: Have them chew on some ice chips and chilled fruits. You can feed them pureed foods until the teething pain goes away.



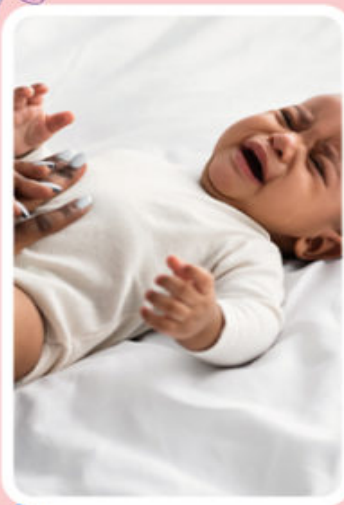
A sore throat from an infection can make it difficult to swallow.

Solution: You may consult your pediatrician to check on the infection so your baby may eat without feeling pain.



An illness such as cough, fever, upset stomach, or more serious ones such as an ear infection and bronchitis may affect their appetite.

Solution: Ensure they are up-to-date with their vaccinations and consult your pediatrician to get relief from the symptoms.



A constipated stomach may decrease their hunger.

Solution: Include fiber-rich foods to improve their bowel movements and bring back their appetite.



Exhaustion from playing too much can make them lose their appetite.

Solution: Maintain a timetable to keep track of their playtime and follow the routine to have them sleep, eat, and play at the right time.

