# Some More Ginger Tea Recipes

### **Ginger-Mint Tea**

Add fresh mint leaves before simmering.

### **Ginger-Cinnamon Tea**

Add a small stick of cinnamon before simmering.

#### **Ginger-Turmeric Tea**

Add freshly cut pieces of turmeric with ginger in the beginning.

## Ginger-Lemon Balm Tea

Add crushed lemon balm leaves after turning off the flame and allow to steep.



Source: https://www.momjunction.com/articles/healthy-benefits-of-ginger-tea-during-pregnancy\_00329475/