## Distractions That May Disrupt Your - Teen's Studies -



Spending too much time browsing the internet and playing online games.



The influence of a bad friend circle.



Allocating wrong priorities apart from studying.



Various problems in the family, such as the finances and divorce of parents.



Lack of motivation and failure to see a purpose in life.



Unable to focus on studies due to accident or illness.



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Source: https://www.momjunction.com/articles/tips-to-motivate-your-teenager-to-study-