

USING COTTON BUDS FOR CLEANING BABY'S EAR?

BE AWARE!



Reasons You May Think They Are Safe



They are advertised to be safe by manufacturers

They seem to be a good and effective way to clean ears



They were advised by a nurse or a healthcare provider

They are used by you and other adults you know without adverse effects



Reasons They May Harm Your Baby



They may push the ear wax deeper into the ear

They may lead to perforation in the eardrum



They may increase the risk of bleeding and ear infections

They may break and lodge deep in the ear canal



References:

1. Cotton bud: usage, presentation, complications, and management among otorhinolaryngology patients; Medtext Publications
2. Using Cotton Swabs in Children's Ears; Johns Hopkins All Children's Hospital