

# How To Start

*A Discussion About Safe Sex*

## With Your Teen?



Watch a movie on the subject with your teen and let it start the discussion.



Initiate the conversation based on a contraceptive ad on the TV or newspaper.



Use some books on the subject as a starting point.



Give examples of famous people working on spreading awareness about contraceptives and unwanted pregnancies.



Discuss what they can achieve in life if they wait for the right time to explore sexual intimacy.



If your teen is mature and older, narrate examples of people you know or your personal experience about how not giving in to temptations proved beneficial.