

HOW CAN PARENTS HELP STRENGTHEN SIBLING BONDS?



Give them tasks that they need to accomplish together. This will help them build stronger companionship.



Remind them to respect each other under all circumstances, even if they have different opinions and are overwhelmed by negative feelings.



Let your children be the problem solvers and sort out their arguments and fights. You may listen to them and offer help but let them come up with their solutions to the problems.



Allow them to be away from each other for some time. Being together for a long time might lead to misunderstandings.



Create family traditions such as going to the park every weekend or watching a movie together. These rituals will create long-lasting memories and help strengthen sibling bonds.



Let them nurture mutual interests. This will motivate them to talk, discuss and enjoy themselves together.



Encourage siblings to take care of each other. This will enhance their sense of responsibility and love for their siblings.

