

# EVERYDAY TO-DO LIST OF HOUSE RULES FOR CHILDREN

## WHAT

## WHY



Get dressed and have a meal on the table

Learning to get dressed and have a meal on the table promotes good manners, health, and confidence



Do your homework on time

Doing homework on time helps children learn the value of time



Discuss your day

Children learn to share their whereabouts and communicate their emotions



Be kind to neighbors and go out to play with friends

Maintaining good relations with neighbors and playing outdoors is great for a child's physical and socio-emotional health



Help parents with routine chores

Making their bed and cleaning their rooms are simple chores that help a child learn vital life skills



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