

Cognitive development

Can understand the meaning of some basic words

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Can imitate and repeat your actions



Can say 'mama' and 'dada'



Physical development

Can move from tummy to a sitting position



Can pull to stand up and may try to move forward



Can use index finger and thumb to pick objects



Social and emotional development

May feel uncomfortable around strangers



May develop separation anxiety



Will enjoy hide-and-seek game



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Source: https://www.momjunction.com/articles/babys-10th-month-a-development-

guide_00103241/