

## Vaginal delivery

Natural-birth procedure



Labor starts on its own



Faster postpartum recovery



breastfeeding after birth

Initiation of successful



Improved mother-baby interactions





## Cesarean delivery

Surgical birth procedure



Reduced time of labor and childbirth



Less painful

incontinence



Reduced risk of infection

Decreased risk of maternal



transmission to the newborn





Source: https://www.momjunction.com/articles/c-section-vs-normal-delivery\_00120617/