



# Identifying The Causes of Belly Button Pain in Pregnancy



## Appendicitis

Pain starts around the belly button and moves to the right lower part.




## Umbilical hernia

Severe pain, feeling of pressure, and protrusion of intestines.



## Umbilical skin infection

Pain, redness, and discharge from the naval area.



## Small bowel mass/obstruction

Intermittent pain, fever, increase in heart rate, & distended stomach.



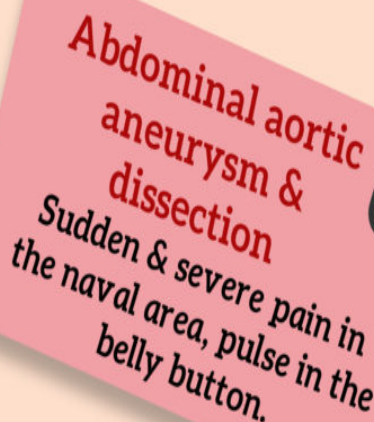
## Gastritis

Dull or nagging pain on or above the belly button.



## Mesentric ischemia

Pain around the belly button with digestive symptoms & rectal bleeding.



## Abdominal aortic aneurysm & dissection

Sudden & severe pain in the naval area, pulse in the belly button.



## Peptic Ulcer

Dull pain, severe on an empty stomach & often relieved after eating.

### References

- Evaluation of Acute Abdominal Pain in Adults; American Academy of Family Physicians.
- Gastritis: Could it Be the cause of Your Bad Bellyache?; Cleveland Clinic
- Small Bowel Obstruction; The Medical University of South Carolina
- Mesenteric Ischemia; The Johns Hopkins Hospital
- Abdominal Aortic Aneurysm; The John's Hopkins Hospital
- Peptic Ulcers (stomach ulcers); National Institute of Diabetes and Digestive and Kidney Diseases