



# Newborn Hygiene Practices To Avoid Unpleasant Body odors



Bathe the baby  
once or twice  
per week



Use mild  
baby soap



Clean the baby's  
face and eyes  
with a lukewarm  
water-dipped  
gauze daily



Clean the diaper  
area after each  
diaper change



Change  
diapers on time



Change the baby's  
clothes daily



Wash and dry the  
baby's clothes in  
skin-safe detergent

## Reference:

Newborn Hygiene; Northwestern Medicine