Signs Of A Mood Disorder In Children



Mood shifts occur frequently and last longer



Reduced interest in favorite activities



Changes in sleeping and eating habits and weight



Physical pains such as headaches and stomachaches



Poor academic performance



Indulgence in risky behaviors



Problems with friends and peers



A sudden burst of energy with fast-talking

Reference:

1. Mood Disorders in Children and Adolescents; Children's Hospital of Philadelphia



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