

# OUTCOMES OF VISION THERAPY FOR NYSTAGMUS



Reduce  
eye movements

Enable better  
eye contact



Improve focus

Reduce fatigue  
of eyes



Improve vision  
processing  
in the brain

Strengthen  
vision skills



Improve academic  
and sports performance  
in the long run

## References:

- 1 Nystagmus; Optometrists Network
- 2 Vision Rehabilitation; Optometrists Network

