

Healthy And Easy **EGG RECIPES** For Your Child

Scrambled Eggs With A Different Taste

A quick and easy breakfast option that can be made with just a few simple ingredients.



Hard Boiled Eggs

A healthy snack that can be eaten on its own or added to a salad or sandwich for a tasty protein boost.



Egg Sandwich

A tasty and protein-packed snack that is perfect for busy children on the go.



Omelets Rolls

A fun and tasty way for children to enjoy a nutritious breakfast or snack.



Egg-Mushroom Bruschetta

A delicious and easy-to-make snack that combines the goodness of eggs, mushrooms, and bread.



Potato-Egg Tapas

A lip-smacking snack that can be enjoyed by children and adults alike!

