



How To Prevent Cold

Sores In Infants



If you develop cold sores during pregnancy, take the medication with your doctor's approval.

If you develop cold sores post childbirth, use a face mask and wash your hands often to prevent disease transmission.



You can also discuss the option of cesarean delivery with your OB-GYN if you develop cold sores when pregnant.

Do not share your baby's items, such as clothes, with anyone.



Avoid going out with your baby in overly crowded public places.