



Increases the likelihood of low birth weight



Results in SGA (small for gestational age) fetus during the first and second trimester



Hemoglobin levels above **14g/dl** in the second trimester may result in preeclampsia



Affects the maternal blood flow and hampers the healthy development of the baby

References:

- 1.High and Low Hemoglobin Levels During Pregnancy; American College of Obstetricians and Gynecologists
- 2.High maternal hemoglobin concentration in first trimester as risk factor for pregnancy induced hypertension; National Institutes of Health