Tips To Bust Your Child's Boredom





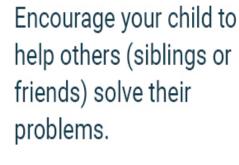
Create a boredom jar where you may put paper slips with different activities to try.

Plan activities, such as karaoke or drawing, to enhance bonding.





Arrange a family hour to have conversations with your child.







Involve your child in long-term activities, such as learning a musical instrument, and cultivate their interest in practicing the skill.

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bored_00720381/