

Facts About Smoking To Raise Awareness In Children



Cigarettes release more than 7,000 chemicals when burnt, and at least 70 of them are carcinogenic.

Smokers often always feel sick and dizzy because the chemicals released by smoking work as slow poison.





A smoker loses 11 minutes of life expectancy for every cigarette they smoke.

Secondhand smoke causes about 40,000 deaths every year.





Even smokeless tobacco causes mouth ulcers, sores, bleeding gums, and cancer.

Smokers have a two to four times higher chance of having a heart attack than non-smokers.



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