

Healthy Indian Food Recipes For Your Toddler



Moong sprout dosa

This nutritious dosa, loaded with the goodness of vegetables, is a great way to introduce your toddler to different tastes and textures.



Ragi Halwa



Even your little ones deserve a dessert, and since this halwa is free of sugar and cow's milk, it is the perfect treat for them.

Tomato rice with paneer

With Rice, soft paneer, a tangy tomato flavor, and the minimum blend of spices, this dish would be a fulfilling lunch for your toddler.



Egg curry



If your little angel isn't a fan of eggs yet, then this mouth-watering, creamy egg curry might change that.

Amarkhand (Mango Shrikhand)

This recipe includes the King of Fruits as a star ingredient, which is sure to become a favorite.

