



# BABY SHOWER FOODS ACROSS THE GLOBE

## Godh bharai, India

In a Hindu Godh Bharai ceremony, the baby is welcomed with an assortment of fruits, fried savorys, and traditional Indian sweets.



## Shaw-e shash, Afghanistan

This is held on the 6th day of the child's birth, and parents serve the guests a traditional sticky rice dish called Shola.



Image Source: pickuplimes

## Stork party, South Africa

It consists of several baked items, with cakes being the main dish on the menu. The bakeries specifically make baby shower cakes for the occasion.



## Pang-sai, Tibet

Celebrated in the first week of birth, Pang-sai is a welcoming event for the baby with traditional foods such as buttered tea, meat, cheese, barley, and butter.



## Chá de bebê, Brazil

Baby showers in Brazil are celebrated only by women. The celebration consists of traditional dessert items such as dulce de leche, brigadeiros, and beijinhos.



Mom Junction

Source: [https://www.momjunction.com/articles/finger-foods-ideas-for-baby-shower\\_00413512/](https://www.momjunction.com/articles/finger-foods-ideas-for-baby-shower_00413512/)