



### Blind taste test

Let your child identify the ingredients by tasting them with their eyes closed.





#### Eat the letter

Let the child choose a letter and eat various food items whose names start with that letter.

# Cooking math

Say a fraction and ask the child to cut the cake accordingly, helping the child learn fractions and ratios.





#### **Measure and guess**

Let your child guess the measure of the ingredients you have added to their tasty dishes and treats.

# Cookie cutter hunt

Describe a cookie cutter in words and let the child use it to cut cookies. So a cookie cutter that 'twinkles' refers to a star shape. A 'smiley' refers to a crescent shape.





Source: <a href="https://www.momjunction.com/articles/cooking-games-for-kids\_00794714/">https://www.momjunction.com/articles/cooking-games-for-kids\_00794714/</a>