



Improve overall health

Boost the functioning of the immune system

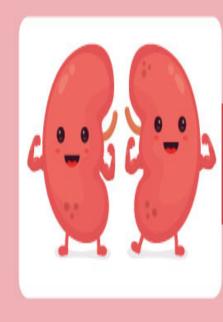




Help in brain activity development

Eases the process of digestion





Cleanse the kidneys



Source: https://www.momjunction.com/articles/yummy-beet-recipes-for-your-

baby_0095060/