



Beet and feta burger

This beet and feta burger will bring a vibrant, delicious purple hue to your child's plate.



Beetroot, onion, and mushroom tart

A wholesome and soothing choice for children that would be ideal for brunch.



Ginger beet sorbet

This child-friendly recipe is flavorful and healthful because it contains beets and ginger.



Beet pancake

These lip-smacking pink beet pancakes are gluten-free and healthful.



Beet hummus

This vibrant pink dip contains nutritious ingredients as well as a hidden vegetable.



Moist chocolate beet cake

This chocolate beet cake is rich and delectable, yet each slice contains a portion of veggies.



Source: https://www.momjunction.com/articles/beetroot-recipes-for-kids_00388464/