



# Delicious And Nutritious **Breakfast** from Across India



## **Oats Idli**

Add a delicious and healthy twist with oats for evergreen idli.

## **Sago Khichdi**

A quick and healthy famous breakfast recipe from Maharashtra that literally needs minimal preparations.



## **Bread Upma**

Turn a simple bread into a tasty Indian dish of flavor and spices.

## **Thepla**

A famous Gujarati dish with simple healthy ingredients- wheat flour and fenugreek leaves.



## **Vegetable Masala Dosa**

Add more nutrients with a mixture of different vegetables to an already healthy dosa.

## **Poha**

A nutrient-enriched quick recipe with flattened rice, perfect for daily breakfast.



## **Medu Vada**

Give a healthy and flavorful surprise to your toddlers with a doughnut-looking medu vada.

## **Stuffed Paratha**

Hide healthy but not-so-favorite veggies in the paratha and see your toddler savor it.

