Food Ideas For A Children's Part



Sticky Caramel Popcorn

It is sure to be a hit at any party, especially with little ones who are sure to love it even more than regular popcorn.

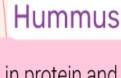
Watermelon Sticks

A slice of watermelon is a great snack because it is high in vitamins A and C and does not contain cholesterol, sodium, or saturated fat.



Mini Pancakes

Children enjoy eating pancakes for all three meals, so it would be great to include them as a party food.



A tasty dip that is high in protein and can be added to your buffet.



Pink Smoothie

This strawberry smoothie is a healthy drink option for your munchkins to enjoy at the party.



Jello cups filled with gummy fruits or berries could be a sweet addition.



Mini Sausage Rolls

A great option for a kids' party as they are both healthy and easy to eat without making a mess.



Source: https://www.momjunction.com/articles/quick-easy-party-food-ideaskids_0075652/