

# Managing Oral Thrush In Children



Switch their toothbrush with a softer one for comfort.



Let them rinse their mouth with warm salt water.



Allow the child to have unsweetened yogurt while taking medications for thrush.



Give them lactobacillus supplements for a healthy balance of candida in the mouth.



Cold foods and liquids can ease the discomfort caused by thrush.



Feed them soft and easy-to-swallow foods to reduce discomfort.