


HOW TO TREAT A YEAST INFECTION UNDER THE BREAST NATURALLY?



Remedy	What you need	How to do	How it works
<p>Cold compress</p> 	<ul style="list-style-type: none"> • Ice • Cotton towel 	<ul style="list-style-type: none"> • Wrap ice in a thin cotton towel • Apply it over the affected area for 5-10 min • Repeat it after a break 	Relieves itching and burning sensation under breasts.
<p>Cornstarch</p> 	<ul style="list-style-type: none"> • Cornstarch • Water • Soap 	<ul style="list-style-type: none"> • Clean the affected skin under the breast with mild soap and water • Pat it dry using a towel • Lightly dust corn starch over it 	Cornstarch keeps the skin dry and treats rash.
<p>Coconut oil</p> 	<ul style="list-style-type: none"> • Extra-virgin coconut oil 	<ul style="list-style-type: none"> • Apply extra-virgin coconut oil under the breast • Allow it to get absorbed into the skin completely 	Possesses antifungal properties; soothes and heals the skin rashes
<p>Tea tree oil</p> 	<ul style="list-style-type: none"> • Tea tree oil (8 drops) • Olive oil (4 tbsp) • Cotton ball 	<ul style="list-style-type: none"> • Mix tea tree and olive oil in a bowl • Soak a cotton ball in this oil blend • Apply it to the rashes and massage the area so that the oil penetrates the rash 	Antifungal nature helps prevent the growth of fungus and associated infection
<p>Aloe vera</p> 	<ul style="list-style-type: none"> • Freshly extracted gel 	<ul style="list-style-type: none"> • Apply the gel to the rash under the breast • After 20 minutes, wash it off using a wet tissue or cloth 	Offers relief from severe itching and rashes