

Benefits Of Art and Craft Activities For Children



Regular arts and crafts activities help improve the following skills of the child.

Cognitive abilities, including understanding cause and effect



Fine motor skills, such as grasping pencils or crayons



Spatial reasoning and comparisons



Language skills



Coping stress



Creativity and self-expression



References

- 1 The art of creating: Why art is important for early childhood development; Michigan State University
- 2 Art – an opportunity to develop children's skills; Penn State University